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#### Commentary

# **Bio Actuators: A Revolution in Bioengineering and Robotics**

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## **DESCRIPITON**

Bio actuators are a fascinating and rapidly developing field in bioengineering and robotics. They are devices that use biological materials, such as living cells, tissues, or biomolecules, to generate movement or force. These actuators mimic the natural functions of muscles and biological systems, providing a new way to develop responsive and adaptive technologies. Bio actuators hold great potential in applications such as soft robotics, biomedical devices, and tissue engineering. By integrating biological components with artificial systems, scientists and engineers are creating new technologies that could revolutionize medicine, robotics, and environmental monitoring. This article explores the principles, types, applications, and challenges of bio actuators, highlighting their role in the future of technology. An actuator is any device that converts energy into motion. Traditional actuators rely on electrical, mechanical, or hydraulic energy to generate movement. In contrast, bio actuators use biological components-such as cells, proteins, or tissues-to produce force and motion. These actuators are inspired by nature, particularly the way muscles function in living organisms. Bio actuators function by converting biochemical energy into mechanical motion. Muscle cells, cardiac cells, or engineered tissues contract and expand to create movement. Specific biomolecules react to external stimuli, such as light, heat, or chemical signals, to trigger motion. Some bio actuators use fluid movement across membranes to generate force. These mechanisms make bio actuators highly efficient and adaptable to different environments, making them useful for soft robotics, bio-medical implants, and artificial muscle applications. Bio actuators come in various types, depending on their biological components and energy sources. Some of the main categories include. These actuators use living cells to generate movement. Common examples include. Bioengineered muscle tissues contract in response to electrical or chemical stimulation, mimicking natural muscle movement. Heart muscle cells

(cardiomyocytes) create rhythmic contractions, making them ideal for bio-robots that require continuous motion. Certain bacteria can produce force through movement or metabolic reactions, which can be harnessed for micro robotics. These actuators use proteins and biomolecules that change shape or contract when activated. Actin and myosin proteins, which are responsible for muscle contraction, can be used in synthetic systems to generate force. DNA strands can be designed to fold and unfold in response to external triggers, making them useful in nanotechnology and drug delivery systems. Hydrogels are water-absorbing polymers that swell or shrink in response to environmental changes, such as temperature, pH, or light. These properties make hydrogels useful in soft robotics and medical implants that need to respond dynamically to the body's conditions. Hybrid bio actuators combine biological materials with synthetic components to enhance functionality. These actuators can integrate bioengineered muscle tissues with flexible polymers or electronics to create soft robots that mimic natural movement. Bio actuators have a wide range of applications in different fields, including medicine, robotics, and environmental science. Bio actuators can be used to develop artificial muscles for people with paralysis or muscle disorders. These muscles can help restore movement and improve quality of life. Bio actuators can support the development of functional tissues for regenerative medicine, helping to repair damaged organs and tissues. Smart bio actuators can be designed to release drugs in response to specific biological signals, improving targeted therapy for diseases like cancer.

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## **CONFLICT OF INTEREST**

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