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Socio-Demographic Distribution of Patients with Fixed Dental Prosthesis in a Developing Economy

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Abstract

Background: Socio-demographic characteristics influencing the prevalence of dental restorations varies from country to country, hence this study sought to evaluate the socio-demographic distribution of patients with fixed dental prosthesis at a tertiary hospital in Nigeria.

Method: This was a retrospective cross-sectional study of all patients who received fixed dental prosthesis over a 5-year period. he data of interest retrieved from patients' records were demographic characteristics (age, gender, marital status, occupation), type of fixed prosthesis fabricated and teeth for which they were fabricated as well as indication for the provision of the fixed prostheses. Data collected was subjected to statistically analysis using IBM SPSS version 21.0.

Results: A total of 256 patient records with the desired information were used for the study. The patients' age ranged from 18 to 83 years with a mean age of 38.86 ± 15.86 years. There was a decline in number of patients who received fixed prosthesis as age increased with those ≤ 30 years of age recording the highest frequency. Skilled workers accounted for the majority (35.2%) of the patients while dependent and professionals accounted for 32.0% and 22.7% respectively. More than half (52.0%) of the patients were married. A higher proportion of females had crowns provided for them while a higher proportion of males had fixed partial denture provided for them and this was statistically significant

Conclusion: Fixed dental prosthesis is sought by patients with higher socioeconomic status and young adults with a higher prevalence of males demanding fixed partial denture and females, single crowns.

Keywords: Fixed dental prosthesis; Demographics; Developing economy

Introduction

A dental restoration is a general term used for any material or prosthesis that replaces the lost tooth structure, teeth, or oral tissues [1]. Dental prosthesis could either be fixed or removable. It has been postulated that socio-demographic characteristics influencing the prevalence of dental restorations varies from country to country [2]. This variability may be influenced by ability to afford this type of treatment, accessibility of treatment and attitudes toward it [3].

A study reported a steady rise in the numbers of fixed dental prosthesis placed over a 40-year period with the 31-40 years age group receiving the greatest number of crowns [4] This was similar to findings of the UK Adult Dental Health Survey in 1998 [5]. which identified people aged 45-54 as having the most crowns. However, another study reported no variation by age group or sex to number of fixed dental prosthesis but there was association with other sociodemographic variables such as race and socioeconomic class [3]. The role of socioeconomic status in the utilization of dental prosthesis has been highlighted [6-8].

Although a high proportion of individuals require some sort of dental prosthesis, treatment involving the use of dental prosthesis is infrequent in developing countries [9]. Social and geographical variations in dental prosthetic replacement may be associated with differences in both patients' and dentists' attitudes towards oral health as well as socioeconomic status [10]. Hence this study aimed at evaluating the sociodemographic distribution of patients with fixed dental prosthesis at a tertiary hospital in Nigeria.

Methodology

This was a retrospective cross-sectional study of all patients who received fixed dental prosthesis at the Restorative clinic of the University of Benin, Benin City, Edo State, Nigeria, over a period of 5 years (July 2012 to August 2017). The data of interest retrieved from patients' records were demographic characteristics (age, gender, marital status, occupation), type of fixed prosthesis fabricated and teeth for which they were

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fabricated as well as indication for the provision of the fixed prostheses. The standard International Labour occupational classification system modified by Enabulele and Obuekwe11 was used to classify occupation into five socioeconomic groups: professionals and managerial officers and retirees of this type (e.g., Doctors, lawyers), skilled Workers (e.g., Civil servants), Semi-skilled Workers (e.g., Artisans), Unskilled workers (Traders) and dependents (Unemployed individuals and Students).

Data collected was subjected to statistically analysis using IBM SPSS version 21.0. Analysis carried out were descriptive analysis in the form of mean, range and standard deviation. Cross tabulations were also performed along with Chi square to determine any associations between variables with p set at 0.05.

Results

A total of 305 patients were identified by the records of the department to have received fixed dental prosthesis over the period of the study. However, only 256 patient records with the desired information were used for the study giving a retrieval rate of 83.9%. The patients' age ranged from 18 to 83 years with a mean age of 38.86 ± 15.86 years. There was a decline in number of patients who received fixed prosthesis as age increased with those \leq 30 years of age recording the highest frequency (42.6%). More than half (52.7%) were females with a male female ratio of 1:1.12. Skilled workers accounted for the majority (35.2%) of the patients while dependent and professionals accounted for 32.0% and 22.7% respectively. More than half (52.0%) of the patients were married (Table 1).

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dependent and professionals accounted for 32.0% and 22.7% respectively. More than half (52.0%) of the patients were married (Table 1).

Table 1 Socio-demographic characteristics of the patients.

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Characteristics	Frequency	Percent
Age group (years)		
≤ 30	109	42.6
31-49	84	32.8
50-69	50	19.5
≥ 70	13	5.1
Gender		
Male	121	47.3
Female	135	52.7
Occupation		
Professional	58	22.7
Skilled worker	90	35.2
Semi-skilled worker	4	1.6
Unskilled worker	22	8.6
Dependent	82	32
Marital status		
Single	123	48
Married	133	52
Total	256	100

More than half (51.2%) of the patients received fixed prostheses fabricated for the anterior teeth (Figure 1). Less than half (42.6%) of the patients had fixed prosthesis fabricated for their incisors while 12.5% and 15.6% had fixed prosthesis fabricated for their premolars and molars respectively Canines were the teeth with the least (0.4%) proportion of fixed prostheses provided for. Some patients had a combination of teeth provided with fixed prostheses represented by 9.4%. Majority (73.0%) of the patients received fixed prosthesis on their maxillary teeth (Figure 2). The number of units of fixed prosthesis received by the patients ranged from 1 to 7 with a mean number of 1.70 ± 1.22 units. Most (66.8%) of the patients received single unit fixed prosthesis while 33.2% received multiple units. Majority (80.5%) received crowns while 19.5% received fixed partial dentures.

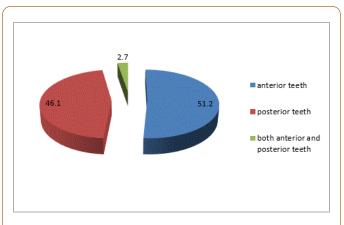


Figure 1 distribution of fixed prosthesis by tooth type.

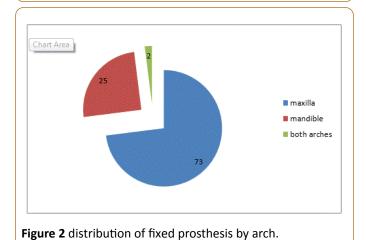


Table 2 depicts the association between socio demographic characteristics of the patients and teeth that received fixed prostheses. There was statistically significant association between the age group, occupation as well as the marital status of the patients and the type of teeth that the fixed prostheses were fabricated for. A higher proportion (60.6%) of patients' ≤ 30 years of age had fixed prostheses provided for their anterior teeth. There was a decrease in fixed prostheses provided for anterior teeth with increase in age. The reverse was the case with posterior teeth as there was an increase in provision of fixed prostheses with increase in age (p=0.05). A higher proportion of unskilled workers and dependents had fixed prostheses provided for their anterior teeth while a higher proportion of professionals and skilled workers had fixed prostheses provided for their posterior teeth (p=0.034). A higher proportion of patients who were unmarried had fixed prostheses provided for their anterior teeth while a higher proportion of patients who were married had fixed prostheses provided for their posterior teeth (p=0.005).

A higher proportion of females had crowns provided for them while a higher proportion of males had fixed partial denture provided for them and this was statistically significant (p=0.02)

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Table 2 Association between the age, occupation and marital status of the patients and the type of teeth fixed prosthesis was provide for.

	Teeth type			
Characteristics	Anterior teeth	Posterior teeth	Combination	
	n (%)	n (%)	n (%)	n (%)
Age group				P=0.05
≤ 30	66 (60.6)	42 (38.5)	1 (0.9)	109 (100.0)
31-49	43 (51.2)	38 (45.2)	3 (3.6)	84 (100.0)
50-69	17 (34.0)	31 (62.0)	2 (4.0)	50 (100.0)
≥ 70	5 (38.5)	7 (53.8)	1 (7.7)	13 (100.0)
Occupation				P=0.03 4
Professionals	22 (37.9)	35 (60.3)	1 (1.7)	58 (100.0)
Skilled workers	40 (44.4)	47 (52.2)	3 (3.3)	90 (100.0)
Semi-skilled workers	2 (50.0)	2 (50.0)	0 (0.0)	4 (100.0)
Unskilled workers	17 (77.3)	4 (18.2)	1 (4.5)	22 (100.0)
Dependents	50 (61.0)	30 (36.6)	2 92.4)	82 (100.0)
Marital status				P=0.00 5
Single	74 (60.2)	44 (35.8)	5 (4.1)	123 (100.0)
Married	57 (42.9)	74 (55.6)	2 (1.5)	133 (100.0)
Total	131 (51.2)	118 (46.1)	7 (2.7)	256 (100.0)

Discussion

Fixed dental prostheses are treatment/restorations for the replacement of missing tooth structure, teeth, or oral tissues. A previous study reported the mean age of patients demanding fixed dental prosthesis to be 31 ± 10.2 years, a finding lower than that observed in this study [12]. The demand for fixed dental prosthesis has been reported to be higher among males than females and this was contrary to the findings of this study [8]. However, a study by Ogunrinde et al. had similar gender disposition with this study [13]. Females tend to be more particular and apprehensive about their

© Copyright iMedPub 3 appearance and may tend to demand fixed prostheses treatment to replace lost dental tissues in **Table 3** [14,15].

Table 3 Association between gender of the patients and type of prostheses provided.

	Prostheses		
Gender	Crown	Fixed partial denture	Total
	n (%)	n (%)	n (%)
Male	90 (74.4)	31 (25.6)	121 (100.0)
Female	116 (85.9)	19 (14.1)	135 (100.0)
Total	206 (80.5)	50 (19.5)	256 (100.0)
P=0.02			

It had been reported that higher socioeconomic class was associated with the demand for fixed dental prostheses [8]. The professionals and skilled workers in this study belong to the higher socioeconomic cadres and accounted for the majority of those who demanded treatment for fixed prosthesis. Fixed dental prostheses are more expensive with regards to financial cost than their removable counterparts.

Aesthetics is one of the reasons why missing tooth parts and teeth are replaced. This becomes imperative and foremost when the tooth to receive the prostheses is an anterior tooth which is prominent during smiling and speech. The anterior teeth represent one's personality, presentation, carriage and aesthetics when compared to the posterior teeth. Hence, more than half of the patients had anterior fixed prostheses treatment done. Among the teeth in the dental arch the canine is a corner tooth and one of the strongest teeth. Hence one of the least extracted teeth and possibly the reason why it was the teeth that received the least proportion of fixed prostheses [16,17].

Maxillary fixed prosthesis is more predominant than mandibular fixed prosthesis a finding similar to previous studies [2,18]. This maybe because of the prominence of the maxilla making it more susceptible to trauma and more conspicuous when there is a pathology [18].

It has been observed that older people were more satisfied with their dental appearance than younger people [19]. This suggests that the appearance of the teeth is not as important for older individuals as compared to the younger individuals [18,20]. Hence, it was observed that a higher proportion of patients' \leq 30 years of age had fixed prostheses provided for their anterior teeth when compared with the older age group. Furthermore, this is the age group most prevalent to dental trauma and with consequent damage to the anterior teeth which is prominent in terms of aesthetics [21,22].

There was an increase in provision of fixed prostheses in posterior teeth with increasing age. As people age, there is an increase in loss of posterior teeth which may be associated with the predisposition of older patients to periodontal

diseases and caries [23,24]. Furthermore, the posterior teeth function mainly for mastication, hence the need for replacement.

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Cost, indications, clinical findings, dentist and patient-immanent factors are some of the features that affect the choice of treatment available to patients [15]. The treatment decision with single metal ceramic crowns has most often been preceded by a large restoration of the tooth or fractured restoration or tooth while treatment with fixed bridges frequent reasons were extractions of the tooth/teeth or replacement of an existing denture [25]. It was observed that a higher proportion of females had crowns provided for them while a higher proportion of males had fixed partial denture provided for them. This may be because the male gender has been associated with higher prevalence of partial edentulism [26].

In conclusion, fixed dental prosthesis are sought by patients with higher socioeconomic status and young adults with a higher prevalence of males demanding fixed partial denture and female's single crowns.

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