



# Sexual and Reproductive Health Outcomes in Women

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## INTRODUCTION

HIV remedy includes taking drug treatments that sluggish the development of the virus for your frame. HIV is a kind of virus referred to as a retrovirus, and the aggregate of medicine used to deal with it's far referred to as antiretroviral therapy (ART). ART is usually recommended for everybody residing with HIV, irrespective of how lengthy they've had the virus or how healthful they are. ART ought to be taken each day, precisely as your fitness care company prescribes. Getting and staying on HIV remedy as it reduces the quantity of HIV for your blood (additionally referred to as the viral load) to a completely low level. This maintains you healthful and stops illness. There is likewise a first-rate prevention benefit. People residing with HIV who take HIV medicine each day as prescribed and get and preserve an undetectable viral load have efficaciously no chance of sexually transmitting HIV to their HIV-terrible partners. This is referred to as remedy as prevention. If left untreated, HIV assaults your immune device and may permit exclusive forms of life-threatening infections and cancers to expand. If your CD4 mobileular be counted number falls beneath a sure level, you're susceptible to getting an opportunistic infection. These are infections that don't commonly have an effect on humans with healthful immune structures however which can infect humans with immune structures weakened via way of means of HIV infection. Your fitness care company may also prescribe drug treatments to save you sure infections. HIV remedy is maximum probably to achieve success while you recognize what to anticipate and are dedicated to taking your drug treatments precisely as prescribed. Drug resistance may be a motive of remedy failure for humans residing with HIV. As HIV multiplies

withinside the frame, it on occasion mutates (modifications form) and produces versions of itself. Variations of HIV that expand whilst someone is taking ART can cause drug-resistant lines of HIV. With drug resistance, HIV drug treatments that formerly managed someone's HIV aren't powerful towards new, drug-resistant HIV. In different words, the HIV drug treatments can not save you the drug-resistant HIV from multiplying. Drug resistance can motive HIV remedy to fail.

A character can first of all be inflamed with drug-resistant HIV or expand drug-resistant HIV after beginning HIV drug treatments. Drug-resistant HIV can also unfold from character to character. Drug-resistance trying out identifies which, if any, HIV drug treatments won't be powerful towards your particular stress of HIV. Drug-resistance trying out effects assist decide which HIV drug treatments to encompass in an HIV remedy regimen. There isn't anyt any everlasting therapy for HIV. But the primary manner that changed into evolved to live on this ailment is via way of means of taking a drug routine of Antiretrovirals. Taking a sinle drug will now no longer be powerful in curing the ailment and from stopping it from harming you. But via way of means of taking three exclusive pills your frame can defend itself from damage and ensuring that the quantity of virus this is for your device live low.

## ACKNOWLEDGEMENT

None

## CONFLICT OF INTEREST

The author's declared that they have no conflict of interest.

<b>Received:</b>	03-January-2022	<b>Manuscript No:</b>	IPJHRV-22 -12735
<b>Editor assigned:</b>	05-January-2022	<b>PreQC No:</b>	IPJHRV -22 - 12735 (PQ)
<b>Reviewed:</b>	19-January-2022	<b>QC No:</b>	IPJHRV -22-12735
<b>Revised:</b>	24-January-2022	<b>Manuscript No:</b>	IPJHRV -22 -12735 (R)
<b>Published:</b>	31-January-2022	<b>DOI:</b>	22 -12735/ IPJHRV -8.1.1

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**Citation** Kim M (2022) Sexual and Reproductive Health Outcomes in Women. Journal of HIV & Retro Virus. 8:001.

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