



The Main Important Concepts of Primary Health Care

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DESCRIPTION

The concept of Primary Health Care has been repeatedly translated and redefined, causing confusion about the names and processes. Clear and simple explanations are designed to facilitate the integration of future Primary Health Care efforts at the global, national and local levels and to guide its implementation.

Equitable distribution by focusing on human needs and working as soon as possible in line with a series of health promotion and disease prevention.

Primary Health Care consists of three related and synergistic elements: health heights and comprehensive decisions. Various policy and interventions to address issues, as well as time for individual, family and community involvement and empowerment for greater social participation and improved self-regulation and independence. Primary Health Care is Social Justice, Justice. It is rooted in our commitment to unity and participation, based on the knowledge that enjoying a high standard of health is one of the basic human rights of all. For universal health care (UHC) to become a global reality, there needs to be a transition from a health system designed for diseases and facilities to the right people. The Primary Health Care is taking action across the health sector to pursue a comprehensive public health approach for governments of all levels, including health policies, a strong focus on equity, and interventions in all aspects of life. We want to emphasize the importance. Primary Health Care focuses on a broad range of factors related to physical, mental and social well-being and wellness, addressing the broader health decision. It provides complete care for lifelong health needs, as well as a specific set of diseases. Primary health care ensures that people receive the best, most complete care possible in their daily lives, from promotion and prevention to treatment, torture and soft care. Member States work to rehabil-

itate and implement basic health care as a basis for the UHC, the Sustainable Development Goals (SDGs), and a sustainable health and safety plan. Primary Health Care provides UHC “program engine”, health-related SDGs, and health safety. These commitments were incorporated and ratified in the Astana Declaration, the UHC Global Observation Report, and the UHC General Assembly. UHC, health-related SDGs, and health safety goals are important but achievable. There is an urgent need to accelerate progress, and Primary Health Care provides ways to do just that.

CONCLUSION

Primary Health Care is a comprehensive, impartial, inexpensive and effective way to improve people’s physical and mental health. There is growing evidence around the world about the widespread impact of investing in Primary Health Care, especially in times of crisis such as the COVID epidemic 19. Globally, investing in Primary Health Care improves equity and access, health care efficiency, there needs to be a transition from a health system designed for diseases and facilities to the right people. The Primary Health Care is taking action across the health sector to pursue a comprehensive public health approach for governments of all levels, including health policies, a strong focus on equity, and interventions in all aspects of life.

ACKNOWLEDGMENT

The author is grateful to the journal editor and the anonymous reviewers for their helpful comments and suggestions.

CONFLICT OF INTEREST

The author declared no potential conflicts of interest for the research, authorship, and/or publication of this article.

Received:	02-March-2022	Manuscript No:	IPQPC- 22-13194
Editor assigned:	04-March-2022	PreQC No:	IPQPC- 22-13194 (QC)
Reviewed:	18-March-2022	QC No:	IPQPC- 22-13194
Revised:	23-March-2022	Manuscript No:	IPQPC- 22-13194 (R)
Published:	30-March-2022	DOI:	10.36648/1479-1072.22.30.32

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Citation M Jeffreys (2022) The Main Important Concepts of Primary Health Care. Qual Prim Care. 30.41803.

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